Chapter Meeting

Tuesday, October 2\textsuperscript{nd}

Karine LeBlanc

ASHRAE Distinguished Lecturer

Will Present

How To Use Emotional Intelligence to Become a Better Person Professionally and Personally

$20.00 members, $25.00 non-members

The meeting will be held at Old Dominion University, Engineering & Computational Sciences Building, in Norfolk, VA. Food will be served at 11:30. The meeting will start at 12:00.

RSVP

Old Dominion University

Engineering & Computational Science Building

Season passes available on the chapter website. Get nine lectures for the price of six.
Dear Members,

For the 11th year in a row we had our E4K event. We watched the weather like a hawk all afternoon. The rain held back and it turned out to be a great event. Thank you to all the volunteers who helped put this together. Special thanks to Adam Forshey who planned this years event, excellent work. Also, special thanks to our sponsor who’s generous donations help us contribute to Seton House.

Our new ‘first’ meeting of the year will be a presentation by Karine Leblanc, an ASHRAE Distinguished Lecturer from Region X (Southern California). The meeting will be at ODU and will be attended by the ODU ASHRAE student Chapter. We look forward to seeing you there.

Regards,

Christian Guerra, PE

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Special Announcement:

Please stay tuned for updates as we plann our September make-up meeting with ASPE.

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Seton Youth Shelters provides an invaluable service to Hampton Roads by sheltering and caring for at-risk youth. They provide safety, security, comfort, and a positive future for children ages 9-17 who, through circumstances often outside their control, find themselves in serious situations. That is why we, ASHRAE HRC and IFMA, have selected Seton Youth Shelters as our E4K recipient this year. To date we have evaluated one of their facilities with the goal of improving reliability and reducing their energy use so they can apply their limited resources where they are needed most. Currently, the facility needs a new 3.5-Ton heat pump and a 280 MBH boiler upgrade. Please consider attending the E4K event or one of our annual sponsorship packages which will contribute to our E4K donation. Further, we are looking for persons willing to provide or contribute to providing a boiler. We also need volunteers, with the right expertise, to help install the new components.
2018-2019 Sponsors

Presidential

Robert W. Hayes Company, Inc.

Hobbs & Associates

Bringing Together the Best in HVAC.

Gold

Siemens

Enviro Mechanical Sales, Inc

We conserve your energy

Silver

Warwick Mechanical Group

Pond

Chapter

Waltz Engineered Sales Inc.

Burns McDonnell

Hoffman & Hoffman, Inc.

Donors

UEP

Colonial Webb

Hackworth Graphics • Printing • Technology
What’s in the News

ASHRAE Press Releases

ASHRAE Learning Institute Announces Course Offerings for 2019 Winter Conference in Atlanta

ASHRAE Launches Online Standards Review Database
ATLANTA (September 11, 2018) – ASHRAE has announced the launch of an updated and improved online standards review database.

Registration Opens
ATLANTA (Sept. 4, 2018) – ASHRAE is pleased to announce registration is open for its 2019 Winter Conference, to be held in Atlanta, Ga., Jan. 12-16, at the Omni Hotel Atlanta at CNN Center and the Georgia World Congress Center.

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Karine has been working as an HVAC sales engineer for US Air Conditioning Distributors since 2002 and has been an active member of ASHRAE since she was a student.

In 2009-2010, Karine was the 2nd female and youngest President of the 85th year old chapter of Southern California. She has served on the ASHRAE Society Board of Director from 2014-2017 and became the first female Region X Director Regional Chair since 1959.

She has received the Louise & Bill Holladay chapter Distinguished service award, the Region X Director’s Cup award, the Regional Award of Merit and the Distinguished Service Award.

Bulletin Board

The following UFC (Unified Facilities Criteria) were updated or replaced in September, Be sure review for your current and future DoD projects.

UFC 1-200-02
“High Performance and Sustainable Buildings, with Change 3”

UFC 1-230-03
“Water Treatment, with Change 1”

UFC 3-400-02
“Design: Engineering Weather Data”

Help Wanted

2019 Region III Chapter Regional Conference

ASHRAE HRC will host the Region III CRC at the new Hilton branded hotel “The Main”, in downtown Norfolk. We are very excited to host this conference again, and will be sending a request for sponsors and technical presenters in the coming months. We have many positions to fill, and are still looking for volunteers to help with the planning and hosting activities. Initial planning for the CRC has begun and will continue through the event. We need all hands on deck for this important event, and we are looking for chapter members to help in our hospitality, publicity, reception, registration, and sponsorship committees.

Please contact the CRC General Chair, Brian Derby or Vice Chair Nancy Mitchell-Veeck for more information.

Publication of the Month

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Publication of the Month
# 2018-2019 Annual Sponsorship Packages

Hampton Roads ASHRAE Chapter is pleased to offer our single contribution sponsorship program again for the 2018-2019 year!

## Presidential - $3,500
- Eight E4K tickets
- One Golf tournament foursome
- Four season passes
- Large ad/company call out in chapter newsletter
- Large ad/company call out on event banners

## Gold - $2,500
- Four E4K tickets
- One golf tournament foursome
- Two season passes
- Medium ad/company call out in chapter newsletter
- Medium ad/company call out on event banners

## Silver - $1,500
- Four E4K tickets
- Two season passes
- Small ad/company call out in chapter newsletter
- Small ad/company call out on event banners

## Chapter - $500
- Two E4K tickets
- One season pass
- Name recognition in chapter newsletter
- Name recognition on event banners.

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Sponsorship sign up is available on our website at [http://hamptonroads.ashraechapters.org/sponsors.html](http://hamptonroads.ashraechapters.org/sponsors.html)

Packages above are customizable based on sponsor needs. Please send special requests to [ashraehrc@gmail.com](mailto:ashraehrc@gmail.com).

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For Payment by Check:
Matt Waltz
48 Davis Avenue
Newport News, VA 23601
<table>
<thead>
<tr>
<th>Month</th>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 2018</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; 25&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Start 2018-2019 Calendar Year Board Meeting</td>
</tr>
<tr>
<td>August 2018</td>
<td>16&lt;sup&gt;th&lt;/sup&gt; – 18&lt;sup&gt;th&lt;/sup&gt; 22&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Region III CRC Board Meeting</td>
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</tbody>
</table>
| September 2018 | 19<sup>th</sup> 27<sup>th</sup> | Board Meeting
|             |            | ASHRAE / IFMA E4k Pig Roast |
| October 2018| 2<sup>nd</sup> 24<sup>th</sup> | Chapter Meeting – Karine Leblanc ASHRAE DL Board Meeting |
| November 2018 | 13<sup>th</sup> 14<sup>th</sup> | Chapter Meeting & Technical Tour Board Meeting |
| December 2018 | 4<sup>th</sup> 19<sup>th</sup> | Chapter Meeting Board Meeting |
| January 2019 | 8<sup>th</sup> 12<sup>th</sup> – 16<sup>th</sup> 23<sup>rd</sup> | Chapter Meeting
|             |            | ASHRAE Winter Conference – Atlanta, GA Board Meeting |
| February 2019 | 5<sup>th</sup> 20<sup>th</sup> | Chapter Meeting Board Meeting |
| March 2019  | 5<sup>th</sup> 20<sup>th</sup> | Chapter Meeting Board Meeting |
| April 2019  | 2<sup>nd</sup> 17<sup>th</sup> | Chapter Meeting Board Meeting |
| May 2019    | 7<sup>th</sup> 15<sup>th</sup> TBD | Chapter Meeting (Last of the 2018-2019 Season) Board Meeting
|             |            | ASHRAE / IFMA Golf Tournament |
| June 2019   | 19<sup>th</sup> 22<sup>nd</sup> – 26<sup>th</sup> | Board Meeting
|             |            | ASHRAE Annual Conference – Kansas City, MO |
| August 2019 | 14<sup>th</sup> – 16<sup>th</sup> | Region III CRC @ The Main, Downtown Norfolk |

We have published the dates for our monthly Board Meetings. If you’d like to learn more about the behind the scenes of ASHRAE reach out to any of the Chapter Officers and we’d be glad to extend you an invitation. With CRC next August there will be ample opportunity to get plugged in.

**Seasons Pass**

Consider a season pass to our chapter meetings. For the Member Price for six meetings you get the access to all nine! Click the “Season Pass” option when you register for the September or October meeting. Season’s Passes are open to all active members.

Check our website for the most up to date information. [http://hamptonroads.ashraechapters.org/](http://hamptonroads.ashraechapters.org/)
ASHRAE Distinguished Lecturer Program

Chapter Meeting: How To Use Emotional Intelligence to Become a Better Person Professionally and Personally

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Presentation Abstract:
Leaders become great, not because of their power, but because of their ability to empower others. –John Maxwell

These days, the society is all about grades; who has the best grades and which school you have been graduating from. But why is it that employees with average grades from average schools are surpassing their All-Stars peers? Why is it that we have managers, boss and CEO that are not performing or that are not liked by their employees?

Emotional intelligence is definitely one of the key elements in improving your leadership skills in life, at work and with your volunteer organization like ASHRAE. Emotional intelligence is the key to your success!

There are four E.Q. skills: Self Awareness, Self-management, Social awareness and Relationship management. And there are many strategies in improving your E.Q. skills to improve yourself.

We will also touch on the discussion between E.Q. vs gender, age and culture, ASHRAE being a global organization.

Earn 1 hour of Professional Development Hours at this meeting.

Lunch will be provided

Time: Meet and Greet/Lunch at 11:45am and Tech Session begins at 12:00 pm
Payment: Members = $20.00, Non-Members = $25.00, Students = $10.00
Reservations: http://hamptonroads.ashraechapters.org/

Please Note: Technical Session will be held at Old Dominion University.
Lunch Location: Old Dominion University Engineering and Computational Sciences Building
for more information visit
odu.edu/parking
for more information visitodu.edu/parking